

Annual Health Check Involvement Network Meeting

Summary



25th of March 2026

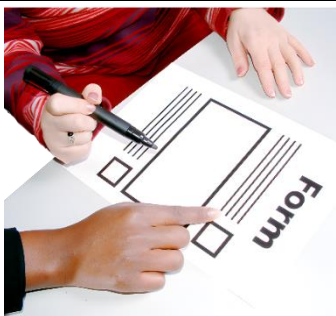
Roadmap and Future Meetings Topics



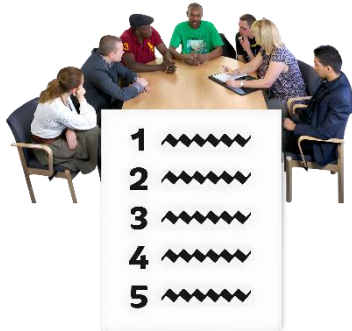
Meetings will take place on April 29th, May 27th and June 24th.



We will still meet during the pre-election period.



The network will look at how members can help get people registered and prepared for annual health checks.



Future topics for meetings include accountability, evaluation, and quality assurance.

Member updates



Scottish Government



Final feedback for pre check questionnaire is in.



A Speech and Language Therapist will help with the easy read and plain English

Care Inspectorate



Ruth met with Katy Jenks at the Care Inspectorate, who start asking providers if they raise annual health checks with people they support.

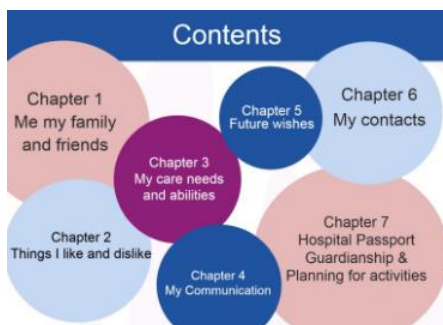
PAMIS/NHS Education for Scotland



A short film on making health checks accessible is being edited and will be out soon.



A series of podcasts about health checks will be put on the Turas Learning website.



PAMIS is working with SCLD looking at how digital passports can help people self refer for annual health checks.

Resource Mapping and Accessibility

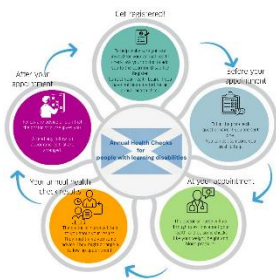


Putting resources on sites like Turas can make it hard for non-professionals to get to.



It would be good to find a central, accessible solution for resources. One day the SCLD website could provide this.

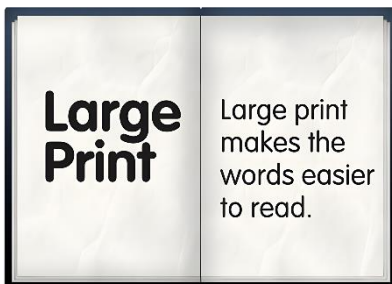
Annual Health Check Process Diagram



Members gave feedback on draft: The "flower" visual is confusing and inaccessible due to small text and it makes it look like the process restarts with registration again.



It was suggested to change from a circle to a line to improve accessibility and provide more space for text.



Use a minimum 14pt font.



Provide Word documents with text descriptions for screen reader accessibility.

Next Steps



Ruth Callander



Distribute the draft health board mapping document from Varshali Swadi, Down Syndrome Scotland.



Send calendar invites for the next three meetings (Apr 29, May 27, Jun 24).



Invite feedback on the process diagram redesign via email.



Begin the resource mapping and gap analysis and reach out to Elle at the ALLIANCE.



Email links to resources mentioned in the meeting.



Eddie McConnell



Convene the "Working Together Principles" group to draft principles for the network.