

What Makes a Good Neighbour?

Everyone wants good neighbours.

People with a learning disability want the same things as everyone else.

What makes a good neighbour?

- ✓ Show respect
- ✓ Treat people kindly
- ✓ Be understanding
- ✓ Know about learning disabilities and autism
- ✓ Be honest and trustworthy
- ✓ Be friendly and open to friendships
- ✓ Treat others the way you want to be treated
- ✓ Be caring and helpful
- ✓ Be someone to talk to

Why are there barriers?

Sometimes people find it hard to say hello.

They might feel unsure if someone seems “different.”

In a poem by Robert Frost, the line says:

“Good fences make good neighbours.”

This means some people think rules and walls keep people safe.

But walls can also stop people talking and being friends.

Do we build fences around ourselves without meaning to?

Does that make it harder to connect with people?

How can we do better?

The Life I Want group is working with Housing Associations in Glasgow.

We want everyone to feel welcome where they live.

This means helping neighbours without learning disabilities to talk more easily with neighbours who do.

We will plan activities and events together.

People with lived experience will lead the way.

By working side by side, we can show how to build trust, kindness, and real friendships.

Final thought

Good neighbours don’t need to be best friends.

But they can make a street or a building feel like home.

When neighbours are kind, everyone feels safer and happier.